

## PHM's -

# Inaugural History-A-Thon Challenge, March 2024





#### **Getting Started**

Complete at least 4 of the suggested challenges throughout the month, and win the corresponding prizes to your donor level. We'll send encouragement throughout the month, and on the last day, we'll send you a Google Form to claim your prizes!

Additional recognition will be awarded for "The Most Activities Completed," and "The Most Funds Raised." Good luck!

## Challenge #1: Stop to read a historic marker.

With over 2,800 blue & gold state historic markers in New York, we know you'll be able to check this challenge prompt off quickly! Putnam County is home to over 200 of these markers. See how many you can spot and read on your daily walk or commute.



Use these to track your progress!





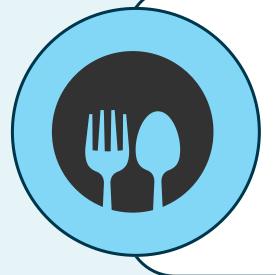
## Challenge #2: Listen to music made before 1940.

Scientists say listening to music makes you feel good! Actually, we didn't read any articles to back that up - but we're basing it on personal experience. Pop on some Classical, Blues, Jazz, Swing, or Country and let the music take you away. YouTube and Spotify are great for browsing these amazing tunes!

## Challenge #3: Visit a local museum or historical society.

We museums! Whether you take an in-person or virtual tour, there are tons of local museums to check out this time of year. Have you often walked or driven by a museum intending to stop? Here's a little encouragement - the time is NOW! In March, you can explore the PHM online; and the following sites in-person: Boscobel, Magazzino Italian Art, Southeast Museum, DIA: Beacon, & Washington's Headquarters. More in the weekly eblast!





## Challenge #4: Eat at a historic Hudson Valley restaurant.

You've earned a delicious treat after all of your historic exploring! Putnam County and the Hudson Valley are home to many historic restaurants (and restaurants in historic buildings)! Enjoy a snack, meal, or drink, and count this off your challenge sheet!

Can't make it to a restaurant? Try making a historic recipe at home. We'll share historic recipes each week in the Challenge weekly eblast!



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Read about the monument & take a photo or selfie!



## Challenge #5: Make your own challenge!

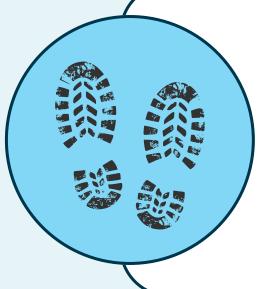
What's one way you can experience more history, local heritage, or culture in your life?

#### Challenge #6: Celebrate Women's History Month

Learn about the women of Putnam County through the PHM's virtual exhibition "HerStory: Women of Putnam County." This exhibition features over 35 mini-biographies of extraordinary Putnam County women. View it on the PHM website: www.putnamhistorymuseum.org/herstory-women-of-putnam-county/. For a bonus



challenge, ask a woman in your life about her greatest accomplishment & challenge.



## Challenge #7: Walk a historic trail, park, or street.

Bundle up and get outside to stretch your legs & prepare for a nice dose of Vitamin D & history! Some ideas of places to explore: West Point Foundry Preserve, the historic Main Streets of Cold Spring, Brewster, Patterson, & Carmel, Little Stony Point, or Garrison's Landing and the Arden Point Trail. Learn more about many of these places here: www.putnamhistorymuseum.org/selfguided/



Learn about history & local heritage through one of the many talks held throughout the Hudson Valley! If you can't make it to a live lecture, many can be found recorded online. Here's a listing of some recorded talks to get you started: <a href="http://tinyurl.com/talkrecs">http://tinyurl.com/talkrecs</a>





## Challenge #9: Think like a historian.

Find an object in your home that is important to your personal history. Grab a sheet of paper and have fun sketching, doodling, or painting this piece. What are your memories of this item? How would a historian look at this item in a hundred years?